Bristol Stool Chart



Type 1: Separate hard lumps, like nuts (hard to pass)



Type 2: Sausage-shaped, but lumpy



Type 3: Sausage-shaped, but with cracks on surface



Type 4: Sausage or snake like, smooth and soft



Type 5: Soft blobs with clear-cut edges (easy to pass)



Type 6: Fluffy pieces with ragged edges, mushy



Type 7: Watery, no solid pieces (entirely liquid)



